

INFORMATION FOR ALL VOLUNTEERS

What to Wear/Bring

Most of the jobs involve being outdoors for long periods of time, often in cold or wet (or both!) conditions.

Multiple base layers will keep you warmer than one heavy layer. And you will definitely need a waterproof outer layer!

Walking boots or sturdy trainers are the best footwear.

Wellington boots are not allowed if you are working on a raft, or are in a launch.

An umbrella will probably come in handy – as might a folding chair.

Binoculars are useful if you are a monitor, spotter or a marshal.

Parking (These arrangements differ from those in place for other Head Races)

Volunteers should park either at:

- Riverside Inn car park (the downstream field – NOT the paved car park)
- **The area Behind the UBBC boathouse is reserved for Cars delivering equipment for the race, Umpires, and Disabled.** If you park here, please note your car will not be accessible until well after racing is completed.
- In the Barnsdale Park field, east of the club on the A4

Members of the start team and Monitors 1-4 will find it better to park in the Newbridge Park & Ride, after picking up your kit bag at the clubhouse.

On Arrival

Please arrive as early as possible. There are always jobs to be done. Allow plenty of time to get from your car to the club, report to the Personnel Officer and collect your kit. Monitors may have a long walk up the bank, so do factor this in please.

Please stay after racing is over to help clear up. Many hands make light work!